## David Powell Food Pantry General Shopping List

#### Frozen Meats:

- whole chickens
- chicken parts
- pork (loin roasts, chops)
- □ ground beef
- Iunch meat
- USDA fully cooked ham

#### Canned Vegetables / Sauces:

- baked beans
- black beans
- black-eye peas
- corn cream style
- corn whole kernel
- green beans
- greens collard
- greens mixed
- greens mustard
- □ kidney beans
- mixed vegetables
- pinto beans
- pork & beans
- refried beans
- □ sliced carrots
- sliced potatoes
- spinach
- sweet peas
- □ sweet potatoes / yams
- □ tomatoes diced
  - ......
- pasta sauce
- spaghetti sauce
- tomato sauce

#### **Canned Fruit:**

- peaches
- pears
- mixed fruit / fruit cocktail
- □ applesauce
- □ pineapple
- mandarin oranges

### **Canned Meat:**

chickentuna

#### **Beverages:**

- □ 6.75 oz juice grape
- □ 6.75 oz juice orange
- 6.75 oz juice punch
- □ 6.75 oz juice apple
- 6.75 oz juice kiwi
- □ 1/2 gallon apple juice
- □ 1/2 gallon grape juice
- □ 1/2 gallon orange juice
- □ 8 oz milk
- □ 32 oz milk

#### Breakfast Foods

- bran flakes, corn flakes
- Frosted Flakes, Rice Krispies, Fruit Loops, assorted boxed
- 🛛 jelly grape
- jelly strawberry
- oatmeal
- pancake mix
- pancake syrup

#### Soups

- □ soup vegetable
- soup tomato
- □ soup chicken noodle
- □ soup chicken & rice
- □ soup cream of mushroom

#### **Boxed Dinners**

- alfredo
- beef pasta
- □ cheeseburger
- cheesy tuna
- 🛛 lasagna
- □ mac & cheese
- $\Box$  stroganoff

### Misc Boxed Goods:

- instant potatoes
- brownie mix
- cupcake mixes
- muffin mixes

#### Misc Dry Goods / Staples:

- corn meal
- 🛛 flour
- pasta (as available)
- peanut butter
- pinto beans dry
- rice brown
- □ rice white
- spaghetti noodles
- sugar

#### Condiments / Oil / Seasonings:

- salad dressings
- □ mayonnaise/Miracle Whip

adult incontinence items

spaghetti & meatballs

cooking oil

#### **Personal Care:**

- toilet paper
- □ tooth brush
- □ toothpaste

baby diapers

As Available:

beef ravioli

cookies / crackers

beans and franks

Vienna sausage

- Iotion
- shampoobar soap

bed pads

Chips

chili

#### Where does the food come from?

Fresh produce is picked up as available from the East Texas Food Bank and also donated by the Lindale Walmart. Bakery items are donated by the Lindale Walmart, and Bodacious Bar-B-Q on Hwy 14 @ I-20 donates buns and some sliced bread. Most of the items listed here are ones we keep in stock on a regular basis as they are usually available for purchase through the East Texas Food Bank and The Kings Storehouse. Some of these items most people would consider necessities, therefore if we don't have it in stock, some go without.

# WISH LISTS

# Among the items on our most wanted "wish list" are:

- □ rolls of toilet paper
- canned meats and/or meals like chili, ravioli, and spaghetti & meatballs

#### Add a little spice!

The least common items we find available to purchase through the ETFB and The Kings Storehouse and that we receive the least amount as donation are seasonings, even basic ones like salt and pepper.

If you are considering making a donation to the food pantry, please consider adding a little extra "spice" to the lives of those in need.

#### Welcome additions:

In addition to everything listed here we also occasionally receive donations of the following items, which are always welcome additions to our inventory:

- coffee
- chips
- snacks
- granola bars



# Everything in the store is free to our clients.

The food is purchased with the funds generated by sales from the We Care Thrift Store, individual donors, and the support of the following churches: Bethesda Church, Carmel Baptist, Community Christian Fellowship, First Baptist, First United Methodist, Grace Community, Hideaway Lake Community, Holy Family Catholic, Mt. Sylvan Baptist, St. Luke's Episcopal and Walnut Springs Missionary Baptist.

#### SOCIETY OF ST. STEPHEN MINISTRIES

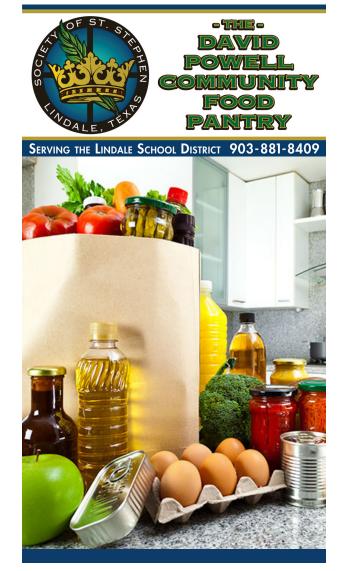


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www.DavidPowellPantry.com a 501(c)3 non-profit organization

**Society of St. Stephen** (for information about the Food Pantry) We Care Thrift Store-Lindale (all proceeds go to the Food Pantry)

www.DavidPowellPantry.com



**WELCOME!** In an effort to make your shopping experience easier, we've created a general shopping list of the items we carry at the Food Pantry. Please note that while we try to stay fully stocked, the list is subject to change.

Friends of the Food Pantry, please consider the items on this list if you are looking for donation suggestions. Thank you!